

# THE THIRD SUNDAY IN LENT



March 8, 2026

Trinity Lutheran Church  
Morris Plains, New Jersey  
Pastor David Russert



# WELCOME TO TRINITY LUTHERAN CHURCH!

We are glad to have you at worship with us today,  
as we receive God's good and gracious gifts!

At Trinity, we joyfully share God's love and Word with all people  
through worship, learning, fellowship, and service.

Trinity is a member of The Lutheran Church—Missouri Synod (LCMS), meaning our beliefs and teachings follow after the Bible-based teachings of Martin Luther, who sought to bring the Church back to the pure doctrines of Scripture. Simply put, we believe, teach, and confess what the Bible says—no more, no less.

As part of the LCMS, our beliefs and teachings can be summarized as:

**Grace Alone:** God loves the people of the world, even though they are sinful, rebel against Him & do not deserve His love. He sent Jesus, His Son, to love the unlovable & save the ungodly.

**Faith Alone:** Jesus' suffering & death as the substitute for all people of all time purchased & won forgiveness & eternal life for all. Those who hear this Good News & believe it receive these gifts. God creates faith in Christ & gives people forgiveness through Him.

**Scripture Alone:** The Bible is God's inerrant & infallible Word, in which He reveals His Law & His Gospel of salvation in Christ. It is the sole rule & norm for Christian doctrine.

God bless you as He speaks to us His Word during this time of worship!

**WE OFFER BIBLE STUDIES FOR ALL OF GOD'S CHILDREN,  
BOTH YOUNG AND OLD! PLEASE JOIN US!**

**Adult Bible Study** – 7:00 p.m. Thursday Evenings – Ages 12+

**Confirmation Class** – Contact the Church Office for more info

**Membership Class** – Contact the Church Office for more info

## A NOTE ON COMMUNION:

In this congregation, the Lord's Supper is celebrated in the confession and glad confidence that, as He says, our Lord gives into our mouths not only bread and wine, but His very body and blood to eat and to drink for the forgiveness of sins and to strengthen our union with Him and with one another. Our Lord invites those who trust His words and repent of all sin to His table.

Communion is also a confession of the faith confessed at this altar. Any who are not yet instructed, in doubt, or who hold a confession different than that of this congregation and The Lutheran Church—Missouri Synod (yet desire to receive the Sacrament) are asked to first speak with Pastor Russert or an usher.

*"Whoever, therefore, eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty concerning the body and blood of the Lord." 1 Cor. 11:27-28*

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# THE THIRD SUNDAY IN LENT

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## CONFESSION AND ABSOLUTION

Stand

### OPENING HYMN

906 O Day of Rest and Gladness



1 O day of rest and glad - ness, O day of joy and light,  
2 This day at earth's cre - a - tion The light first had its birth;  
3 This day, God's peo - ple meet - ing, His Ho - ly Scrip - ture hear;  
△ 4 That light our hope sus - tain - ing, We walk the pil - grim way,



O balm of care and sad - ness, Most beau - ti - ful, most bright;  
This day for our sal - va - tion Christ rose from depths of earth;  
His liv - ing pres - ence greet - ing, Through bread and wine made near.  
At length our rest at - tain - ing, Our end - less Sab - bath day.



This day the high and low - ly, Through a - ges joined to bless,  
This day our Lord vic - to - rious The Spir - it sent from heav'n,  
We jour - ney on, be - liev - ing, Re - newed with heav'n - ly might,  
We sing to Thee our prais - es, O Fa - ther, Spir - it, Son;



Sing, "Ho - ly, ho - ly, ho - ly," The tri - une God con - fess.  
And thus this day most glo - rious A three - fold light was giv'n.  
From grace more grace re - ceiv - ing, On this blest day of light.  
The Church her voice up - rais - es To Thee, blest Three in One.

Text (sts. 1-2): Christopher Wordsworth, 1807-85, alt.; (st. 3): Charles P. Price, 1920-99; (st. 4): The Hymnal 1982, Tune: Gesangbuch der Herzogl. Hofkapelle, 1784, Württemberg  
Text (sts. 1-2) and tune: Public domain, Text (st. 3) and tune: © 1982 Charles P. Price; (st. 4): © 1985 The Church Pension Fund. Used by permission: LSB Hymn License no. 110003957

**P** In the name of the Father and of the ✠ Son and of the Holy Spirit.

**C** Amen.

**P** Our help is in the name of the Lord,

**C** who made heaven and earth.

**P** If You, O Lord, kept a record of sins, O Lord, who could stand?

**C** But with You there is forgiveness; therefore You are feared.

**P** Since we are gathered to hear God's Word, call upon Him in prayer and praise, and receive the body and blood of our Lord Jesus Christ in the fellowship of this altar, let us first

consider our unworthiness and confess before God and one another that we have sinned in thought, word, and deed, and that we cannot free ourselves from our sinful condition. Together as His people let us take refuge in the infinite mercy of God, our heavenly Father, seeking His grace for the sake of Christ, and saying: God, be merciful to me, a sinner.

**C** Almighty God, have mercy upon us, forgive us our sins, and lead us to everlasting life. Amen.

**P** Almighty God in His mercy has given His Son to die for you and for His sake forgives you all your sins. As a called and ordained servant of Christ, and by His authority, I therefore forgive you all your sins in the name of the Father and of the  $\text{✠}$  Son and of the Holy Spirit.

**C** Amen.

## SERVICE OF THE WORD

### INTROIT

*Psalm 84:1–4; ant.: v. 5*

*Blessèd are those whose strength is | in you,\*  
in whose heart are the highways to | Zion.*

How lovely is your | dwelling place,\*

O | LORD of hosts!

My soul longs, yes, faints for the courts | of the LORD;\*  
my heart and flesh sing for joy to the | living God.

Even the sparrow finds a home, and the swallow a nest for herself, where she may | lay her young,\*  
at your altars, O LORD of hosts, my King | and my God.

Blessèd are those who dwell | in your house,\*  
ever sing- | ing your praise!

**Glory be to the Father and | to the Son\***

**and to the Holy | Spirit;**

**as it was in the be- | ginning,\***

**is now, and will be forever. | Amen.**

*Blessèd are those whose strength is | in you,\*  
in whose heart are the highways to | Zion.*

### KYRIE

*LSB 204*



**C** Lord, have mer - cy; Christ, have mer - cy; Lord, have mer - cy.

### SALUTATION AND COLLECT OF THE DAY

*LSB 205*

**P** The Lord be with you.

**C** And also with you.

**P** Let us pray.

O God, whose glory it is always to have mercy, be gracious to all who have gone astray from Your ways and bring them again with penitent hearts and steadfast faith to embrace and hold fast the unchangeable truth of Your Word; through Jesus Christ, Your Son, our Lord, who

lives and reigns with You and the Holy Spirit, one God, now and forever..

**C Amen.**

*Sit*

## OLD TESTAMENT

*Exodus 17:1–7*

<sup>1</sup>All the congregation of the people of Israel moved on from the wilderness of Sin by stages, according to the commandment of the LORD, and camped at Rephidim, but there was no water for the people to drink. <sup>2</sup>Therefore the people quarreled with Moses and said, “Give us water to drink.” And Moses said to them, “Why do you quarrel with me? Why do you test the LORD?” <sup>3</sup>But the people thirsted there for water, and the people grumbled against Moses and said, “Why did you bring us up out of Egypt, to kill us and our children and our livestock with thirst?” <sup>4</sup>So Moses cried to the LORD, “What shall I do with this people? They are almost ready to stone me.” <sup>5</sup>And the LORD said to Moses, “Pass on before the people, taking with you some of the elders of Israel, and take in your hand the staff with which you struck the Nile, and go. <sup>6</sup>Behold, I will stand before you there on the rock at Horeb, and you shall strike the rock, and water shall come out of it, and the people will drink.” And Moses did so, in the sight of the elders of Israel. <sup>7</sup>And he called the name of the place Massah and Meribah, because of the quarreling of the people of Israel, and because they tested the LORD by saying, “Is the LORD among us or not?”

**P** This is the Word of the Lord.

**C Thanks be to God.**

## PSALM *(spoken responsively)*

*Psalm 95:1–9; ant.: v. 6*

*Oh come, let us worship and | bow down;\**

**let us kneel before the LORD, our | Maker!**

<sup>1</sup>Oh come, let us sing | to the LORD;\*

**let us make a joyful noise to the rock of our sal- | vation!**

<sup>2</sup>Let us come into his presence with thanks- | giving;\*

**let us make a joyful noise to him with | songs of praise!**

<sup>3</sup>For the LORD is a | great God,\*

**and a great King a- | bove all gods.**

<sup>4</sup>In his hand are the depths | of the earth;\*

**the heights of the mountains are his | also.**

<sup>5</sup>The sea is his, for he | made it,\*

**and his hands formed the | dry land.**

<sup>6</sup>Oh come, let us worship and | bow down;\*

**let us kneel before the LORD, our | Maker!**

<sup>7</sup>For he | is our God,\*

**and we are the people of his pasture, and the sheep | of his hand.**

Today, if you | hear his voice,\*

**<sup>8</sup>do not harden your hearts, as at Meribah, as on the day at Massah in the | wilderness,**

<sup>9</sup>when your fathers put me | to the test\*

**and put me to the proof, though they had | seen my work.**

**Glory be to the Father and to the Son  
and to the Holy Spirit;  
as it was in the beginning,  
is now, and will be forever. | Amen.**

*Oh come, let us worship and | bow down;\**  
*let us kneel before the LORD, our | Maker!*

## EPISTLE

*Romans 5:1–8*

<sup>1</sup>Therefore, since we have been justified by faith, we have peace with God through our Lord Jesus Christ. <sup>2</sup>Through him we have also obtained access by faith into this grace in which we stand, and we rejoice in hope of the glory of God. <sup>3</sup>More than that, we rejoice in our sufferings, knowing that suffering produces endurance, <sup>4</sup>and endurance produces character, and character produces hope, <sup>5</sup>and hope does not put us to shame, because God’s love has been poured into our hearts through the Holy Spirit who has been given to us.

<sup>6</sup>For while we were still weak, at the right time Christ died for the ungodly. <sup>7</sup>For one will scarcely die for a righteous person—though perhaps for a good person one would dare even to die— <sup>8</sup>but God shows his love for us in that while we were still sinners, Christ died for us.

**A** This is the Word of the Lord.

**C** Thanks be to God.

*Stand*

## GOSPEL ACCLAMATION



**Glo-ry to you, Word of God, Lord Je-sus Christ!**

## HOLY GOSPEL

*John 4:5–30, 39–42*

**P** The Holy Gospel according to St. John, the 4<sup>th</sup> chapter.

**C** Glory to You, O Lord.

<sup>5</sup>[Jesus] came to a town of Samaria called Sychar, near the field that Jacob had given to his son Joseph. <sup>6</sup>Jacob’s well was there; so Jesus, wearied as he was from his journey, was sitting beside the well. It was about the sixth hour.

<sup>7</sup>There came a woman of Samaria to draw water. Jesus said to her, “Give me a drink.” <sup>8</sup>(For his disciples had gone away into the city to buy food.) <sup>9</sup>The Samaritan woman said to him, “How is it that you, a Jew, ask for a drink from me, a woman of Samaria?” (For Jews have no dealings with Samaritans.) <sup>10</sup>Jesus answered her, “If you knew the gift of God, and who it is that is saying to you, ‘Give me a drink,’ you would have asked him, and he would have given you living water.” <sup>11</sup>The woman said to him, “Sir, you have nothing to draw water with, and the well is deep. Where do you get that living water? <sup>12</sup>Are you greater than our father Jacob? He gave us the well and drank from it himself, as did his sons and his livestock.” <sup>13</sup>Jesus said to her, “Everyone who drinks of this water will be thirsty again, <sup>14</sup>but whoever drinks of the water that I will give him will never be thirsty forever. The water that I will give him will become in him a spring of water welling up to eternal life.” <sup>15</sup>The woman said to him, “Sir, give me this water, so that I will not be thirsty or have to

come here to draw water.”

<sup>16</sup>Jesus said to her, “Go, call your husband, and come here.” <sup>17</sup>The woman answered him, “I have no husband.” Jesus said to her, “You are right in saying, ‘I have no husband’; <sup>18</sup>for you have had five husbands, and the one you now have is not your husband. What you have said is true.”

<sup>19</sup>The woman said to him, “Sir, I perceive that you are a prophet. <sup>20</sup>Our fathers worshiped on this mountain, but you say that in Jerusalem is the place where people ought to worship.” <sup>21</sup>Jesus said to her, “Woman, believe me, the hour is coming when neither on this mountain nor in Jerusalem will you worship the Father. <sup>22</sup>You worship what you do not know; we worship what we know, for salvation is from the Jews. <sup>23</sup>But the hour is coming, and is now here, when the true worshipers will worship the Father in spirit and truth, for the Father is seeking such people to worship him. <sup>24</sup>God is spirit, and those who worship him must worship in spirit and truth.” <sup>25</sup>The woman said to him, “I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things.” <sup>26</sup>Jesus said to her, “I who speak to you am he.”

<sup>27</sup>Just then his disciples came back. They marveled that he was talking with a woman, but no one said, “What do you seek?” or, “Why are you talking with her?” <sup>28</sup>So the woman left her water jar and went away into town and said to the people, <sup>29</sup>“Come, see a man who told me all that I ever did. Can this be the Christ?” <sup>30</sup>They went out of the town and were coming to him....

<sup>39</sup>Many Samaritans from that town believed in him because of the woman’s testimony, “He told me all that I ever did.” <sup>40</sup>So when the Samaritans came to him, they asked him to stay with them, and he stayed there two days. <sup>41</sup>And many more believed because of his word. <sup>42</sup>They said to the woman, “It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is indeed the Savior of the world.”

**P** This is the Gospel of the Lord.

**C** Praise to You, O Christ.

## APOSTLES’ CREED

LSB 207

**C** I believe in God, the Father Almighty,  
maker of heaven and earth.

And in Jesus Christ, His only Son, our Lord,

who was conceived by the Holy Spirit,

born of the virgin Mary,

suffered under Pontius Pilate,

was crucified, died and was buried.

He descended into hell.

The third day He rose again from the dead.

He ascended into heaven

and sits at the right hand of God the Father Almighty.

From thence He will come to judge the living and the dead.

I believe in the Holy Spirit,

the holy Christian Church,

the communion of saints,

the forgiveness of sins,

the resurrection of the body,

and the life ✠ everlasting. Amen.

Sit

# HYMN OF THE DAY

## 425 When I Survey the Wondrous Cross



1 When I sur - ve y the won - drous cross On which the  
 2 For - bid it, Lord, that I should boast Save in the  
 3 See, from His head, His hands, His feet Sor - row and  
 4 Were the whole realm of na - ture mine, That were a



Prince of Glo - ry died, My rich - est gain I  
 death of Christ, my God; All the vain things that  
 love flow min - gled down! Did e'er such love and  
 trib - ute far too small; Love so a - maz - ing,



count but loss And pour con - tempt on all my pride.  
 charm me most, I sac - ri - fice them to His blood.  
 sor - row meet Or thorns com - pose so rich a crown?  
 so di - vine, De - mands my soul, my life, my all!

Text and tune: Public domain

### SERMON

*Pastor David Russert*

*Stand*

### PRAYER OF THE CHURCH

#### Healing & Comfort

PETER DOMBROWSKI      RAMON ANGELES  
 GIL SOTO                      MARY ANN REED  
 GIA CIRILLO                 ANNETTE DAVIS  
 DENNIS MCCARTHY        JOSE SOUSA  
 LARRY GEORGE             JOSEPH TRIFUN  
 MARISSA CHRISTENSON    BERT WISWALL  
 RITA FERRY                 THEO NIEGLOS  
 STEVEN BRYANT            ELANTRA VEDENETRA  
 LAURA BRETON             CAROLYN CHERMAK  
 BRUCE KASC MAR          LORENZO DINIA  
 SANDRA TALMADGE        MARC THOMAS  
 MARIA                         MELISSA NOTIS

#### Strength & Comfort

FRED                            ELLA  
 JASON ANDRIOPOULOS    RUSS SCHILLING  
 BROOKE MORGAN          SUANNE MARTIN  
 BERT RADES                 NICHOLAS  
 FRED BRYANT                WARREN  
 DEBBIE OLIVIERA  
 KATE OLIVEIRA  
 CAROL OLSEN  
 JESSICA IMHAUSER  
 ARLENE BACCAGLINI  
 SUE FRANCE  
 ANGELO



Sit

### OFFERING

## PRESENTATION OF GIFTS

### 422 On My Heart Imprint Your Image



On my heart im - print Your im - age, Bless - ed Je - sus, King of grace,



That life's rich - es, cares, and plea - sures Nev - er may Your work e - rase;



Let the clear in - scrip - tion be: Je - sus, cru - ci - fied for me,



Is my life, my hope's foun - da - tion, And my glo - ry and sal - va - tion!

Public domain

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## SERVICE OF THE SACRAMENT

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### PREFACE

- P** The Lord be with you.
- C** **And also with you.**
- P** Lift up your hearts.
- C** **We lift them to the Lord.**
- P** Let us give thanks to the Lord our God.
- C** **It is right to give Him thanks and praise.**

### PROPER PREFACE

*LSB 208*

- P** It is truly good, right, and salutary . . . evermore praising You and saying:

### SANCTUS

*LSB 208*



**C** Ho - ly, ho - ly, ho - ly Lord God of Sab - a - oth a - dored;

Heav'n and earth with full ac-claim shout the glo-ry of Your name.

Sing ho - san-na in the high-est, sing ho-san - na to the Lord;

Tru - ly blest is He who comes in the name of the Lord!

**LORD'S PRAYER**

*LSB 209*

**C** Our Father who art in heaven,  
 hallowed be Thy name,  
 Thy kingdom come,  
 Thy will be done on earth as it is in heaven;  
 give us this day our daily bread;  
 and forgive us our trespasses as we forgive those who trespass against us;  
 and lead us not into temptation,  
 but deliver us from evil.

For Thine is the kingdom and the power and the glory forever and ever. Amen.

**THE WORDS OF OUR LORD**

*LSB 209*

**PAX DOMINI**

*LSB 209*

**P** The peace of the Lord be with you always.  
**C** Amen.

**AGNUS DEI**

*LSB 210*

**C** 1 O Je - sus Christ, true Lamb of God,  
 2 O Je - sus Christ, true Lamb of God,

You take the sin of the world a - way;  
 You take the sin of the world a - way;

O Je - sus Christ, true Lamb of God,  
Have mer - cy on us, Je - sus Christ,

Have mer - cy on us, Lord, we pray.  
And grant us peace, O Lord, we pray.

*Sit*

## DISTRIBUTION HYMN

### 554 O Jesus, King Most Wonderful

1 O Je - sus, King most won - der - ful!  
2 When once You vis - it dark - ened hearts,  
3 O Je - sus, light of all be - low,  
4 May ev - 'ry heart con - fess Your name,  
5 Oh, may our tongues for - ev - er bless,

O Con - quer - or re - nowned! O Source of peace in -  
Then truth be - gins to shine, Then earth - ly van - i -  
The fount of life and fire, Sur - pass - ing all the  
For - ev - er You a - dore, And, seek - ing You, it -  
May we love You a - lone And ev - er in our

ef - fa - ble, In whom all joys are found:  
ty de - parts, Then kin - dles love di - vine.  
joys we know, All that we can de - sire:  
self in - flame To seek You more and more!  
lives ex - press The im - age of Your own!

Text: attr. Bernard of Clairvaux, 1091–1153; tr. Edward Caswall, 1814–78, alt., Tune: John B. Dykes, 1823–76, Text and tune: Public domain

*Stand*

## NUNC DIMITTIS

LSB 211

**C** 1 O Lord, now let Your ser - vant De -  
2 All glo - ry to the Fa - ther, All



part in heav'n - ly peace, For I have seen the  
glo - ry to the Son, All glo - ry to the  
glo - ry Of Your re - deem - ing grace:  
Spir - it, For - ev - er Three - in - One;  
A light to lead the Gen - tiles Un -  
For as in the be - gin - ning, Is  
to Your ho - ly hill, The glo - ry of Your  
now, shall ev - er be, God's tri - une name re -  
peo - ple, Your cho - sen Is - ra - el.  
sound - ing Through all e - ter - ni - ty.

## POST-COMMUNION COLLECT

*LSB 212*

- P** Let us pray...  
**C** Amen.

## BENEDICAMUS & BENEDICTION

*LSB 212*

- P** Let us bless the Lord.  
**C** Thanks be to God.  
**P** The Lord bless you and keep you.  
The Lord make His face shine on you and be gracious to you.  
The Lord look upon you with favor and ✠ give you peace.  
**C** Amen.

## CLOSING HYMN

### 921 On What Has Now Been Sown



1 On what has now been sown Thy bless - ing, Lord, be - stow;  
2 To Thee our wants are known, From Thee are all our pow'rs;  
3 O grant that each of us, Now met be - fore Thee here,



The pow'r is Thine a - lone To make it sprout and grow. Do Thou  
Ac - cept what is Thine own And par - don what is ours. Our prais -  
May meet to - geth - er thus When Thou and Thine ap - pear And fol -



in grace the har - vest raise, And Thou a - lone shalt have the praise!  
es, Lord, and prayers re - ceive, And to Thy Word a bless - ing give.  
low Thee to heav'n, our home. E'en so, a - men, Lord Je - sus, come!

Text: John Newton, 1725–1807, alt., Tune: John Darwall, 1731–89, Text and tune: Public domain



#### ACKNOWLEDGMENTS

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## WORSHIP PARTICIPANTS

ORGANIST

*Bev McGregor*

WORSHIP ASSISTANT

*Ed Amaducci*

USHER

*Otto Palmer*

COUNTER

*Lisa Leggett*

GREETER

*Maryann Ferry*

ALTAR GUILD

*Elaine Dimitry, Lisa Leggett*



*Today's altar flowers are given  
to the glory of God by the Altar Guild.*

## YEAR-ROUND OPERATION CHRISTMAS CHILD



This year we are aiming to collect items for OCC shoeboxes all year. Each month will have a theme of the items to be purchased for the shoeboxes. Those items can be brought to the church and left in the Narthex in the box designated for shoebox items. February's theme is fashion accessories (sunglasses, jewelry, etc).



## FLOWER CHART 2026

Please consider supporting our beautiful altar flower fund by signing up for a week (or more) for continued beautiful flowers on the Altar. The new chart and envelopes are on the bulletin board in the Narthex. Fill out an envelope and place in the Dimitry's mailbox at least 1 week before the date



*Thank you to all who have supported in the past!*

**BOARD OF DIRECTION** meets each month. Members of the congregation are invited to attend. The next meeting is **Tuesday, March 10<sup>th</sup>, 7:00 p.m.**





TRINITY LUTHERAN CHURCH  
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